

## To become a member

Fill in the application form (A), complete the Direct Debit form (B) (unless you are paying by cheque or credit card). Then simply send us the completed forms. If you haven't signed the Direct Debit form, remember to enclose payment!

### A. Application for membership of the Diabetes Wellness Network

#### Please accept my (annual) membership fee of:

- £20 for Individual membership
- £30 for Family membership (living at the same address, please give all names)
- £10 for Reduced membership (for the retired, disabled, unwaged)
- £5 for Young Person's membership (for the under 18s)
- £250 for Life membership (£150 if aged over 60, please state date of birth)

Mr/Mrs/Miss/Ms/other \_\_\_\_\_ Initials \_\_\_\_\_

Surname \_\_\_\_\_

Address \_\_\_\_\_

Postcode \_\_\_\_\_ Date of birth \_\_\_\_\_

Telephone \_\_\_\_\_

Email \_\_\_\_\_

#### Please tick one:

- I enclose a cheque/Postal Order (made payable to DRWF) for £ \_\_\_\_\_
- I have filled in the Direct Debit mandate (B) opposite.
- Please tick if you do not want your details passed on to other companies for marketing purposes

It would be helpful if you could tell us where you heard about DRWF:

Office Use Only:

## Direct Debit Membership

Paying by Direct Debit helps us both by saving time and money. Please complete the form below and return. This reduces our administration and bank charges and saves us having to remind you each time your membership is due for renewal.

### B. Instruction to your Bank or Building Society to pay Direct Debits

Originator's Identification Number 8 0 9 0 7 2

#### Please fill in the whole form and return it to:

DRWF, Office 101-102, Northney Marina,  
Hayling Island, Hampshire PO11 0NH

#### 1. Name/full postal address of your Bank or Building Society branch

To: The Manager
_____ Bank or Building Society
Address _____
_____ Postcode

#### 2. Name(s) of account holder(s)

\_\_\_\_\_

#### 3. Branch sort code

(top right-hand corner of cheque)

#### 4. Bank/Building Society account number

Amount confirmed \_\_\_\_\_

#### 5. Reference number

\_\_\_\_\_ (for office use only)

#### 6. Instruction to your Bank or Building Society

Please pay DRWF Direct Debits from the account detailed on this Instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand this Instruction may remain with DRWF and, if so, details will be passed electronically to my Bank/Building Society.

Signature(s) \_\_\_\_\_

Date \_\_\_\_\_  
(Banks and Building Societies may not accept Direct Debit Instructions from some types of account.)

# Diabetes?

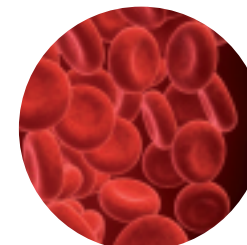
## Education



## Wellness



## Research



## Who we are...

The Diabetes Research & Wellness Foundation is a national registered charity (no. 1070607) funding medical research and providing information and educational support to people living with, or at risk of, diabetes.

## What we do...

*'Staying well until a cure is found...'* Whilst our ultimate aim is to find a cure, we recognise that the people living with this long-term condition need to be pro-active in their self-care - and that can be a daunting prospect!

DRWF provides information, education, guidance and support to encourage improved understanding; good self-management skills and the opportunity to network with people experiencing similar situations, as it's always good to know you're not alone!

## The Diabetes Wellness Network...

This is the name given to our growing membership. Its purpose is to bring people with diabetes closer through the sharing of knowledge and experience, as well as providing important health advice.

### 1 Years Subscription to the Network includes:

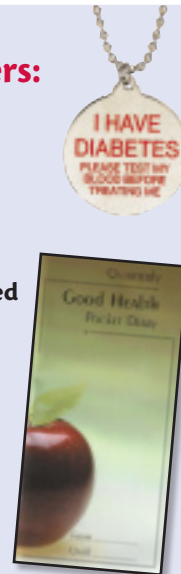
- **12 monthly issues of the Diabetes Wellness News** – an 8-page newsletter packed with articles on all avenues of diabetes healthcare, research and news;
- **Quarterly 'Good Health' Pocket Diaries** – an essential tool in establishing good self-management skills, encouraging the recording of important daily information such as blood glucose monitoring, medication, diet and exercise etc;
- **Discounted attendance of the Diabetes Wellness events** – early notification of the full annual programme of Wellness Days, Workshops, residential Weekends and 'Active with Diabetes' Walking Holiday



## In addition to this, DRWF offers:

- **FREE Diabetes Awareness Necklaces**
- **FREE patient information leaflets**
- **FREE Q&A written response service**
- **SPECIAL OFFERS on many diabetes-related publications**

If you would like to join the Diabetes Wellness Network, fill-in and return this form. You can pay by cheque made payable to DRWF or complete the direct debit mandate. Alternatively, call us on 023 92 636131 and pay your subscription by credit card over the phone.



## What people say about us...

*'Thank you for the information leaflets, they were very helpful, and the Diabetes Wellness newsletter. It would have been a struggle to understand how to manage my type 2 diabetes without your informative assistance'. R.Marks, Carmarthenshire*

*'Congratulations on a well written and relevant (both to medical workers and individuals who have diabetes) publication'. B. Samson, Practice Nurse, Kent*

## Help us to help you...

Donations, even small gifts of just a few pounds, can help sustain our existing research commitments and ensure that potentially viable applications are not turned away, through lack of funds.

## Your support is of great importance to us

### THANK YOU!



101-102 Northney Marina, Hayling Island  
Hampshire PO11 0NH  
Telephone: 023 9263 7808 • Facsimile: 023 9263 6137  
Website: [www.drwf.org.uk](http://www.drwf.org.uk) • Email: [enquiries@drwf.org.uk](mailto:enquiries@drwf.org.uk)  
Registered Charity No: 1070607

## Single donation and Gift Aid it

If you wish to make a single donation to help us find a cure for diabetes, please either send a cheque to the address below and made payable to DRWF or complete your credit card details

### Please debit my

- Visa Card     Maestro     Access  
 Mastercard     CAF

Card number: \_\_\_\_\_

Three digit security code (on the back of the back of your card): \_\_\_\_\_

Name (print) \_\_\_\_\_

Amount £ \_\_\_\_\_ Expiry date \_\_\_\_\_

Issue no or Valid from date (Maestro) \_\_\_\_\_

Signature \_\_\_\_\_

*(a signature is required for all credit card donations)*

Date \_\_\_\_\_

If you are a UK taxpayer you can make your donation worth even more to us, at no additional cost to yourself. Just complete this form and give us your permission to reclaim the tax on the donations you make to us.

### Gift Aid Declaration

You only need to fill in and sign this form once and we can continue to claim the tax back on any donations you make to us in the future. You do need to inform us if you stop being a taxpayer. There's no commitment to make further donations, and no minimum amount whenever you wish to donate.

Mr/Mrs/Miss/Ms/other

First name(s) \_\_\_\_\_

Surname \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_ Postcode \_\_\_\_\_

**Yes**, I want the Diabetes Research & Wellness Foundation to treat all donations I have made for the six years prior to this year and all donations I make from the date of this declaration, until I notify you otherwise, as Gift Aid donations\*

\*You must pay an amount of income tax and/or capital gains tax at least equal to the tax that the charity reclaims on your donations in the appropriate tax year (currently 25p for each £1 you give). Please remember to inform us of any changes in your tax status

Signature \_\_\_\_\_ Date \_\_\_\_\_

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