

DRWF



GAIA

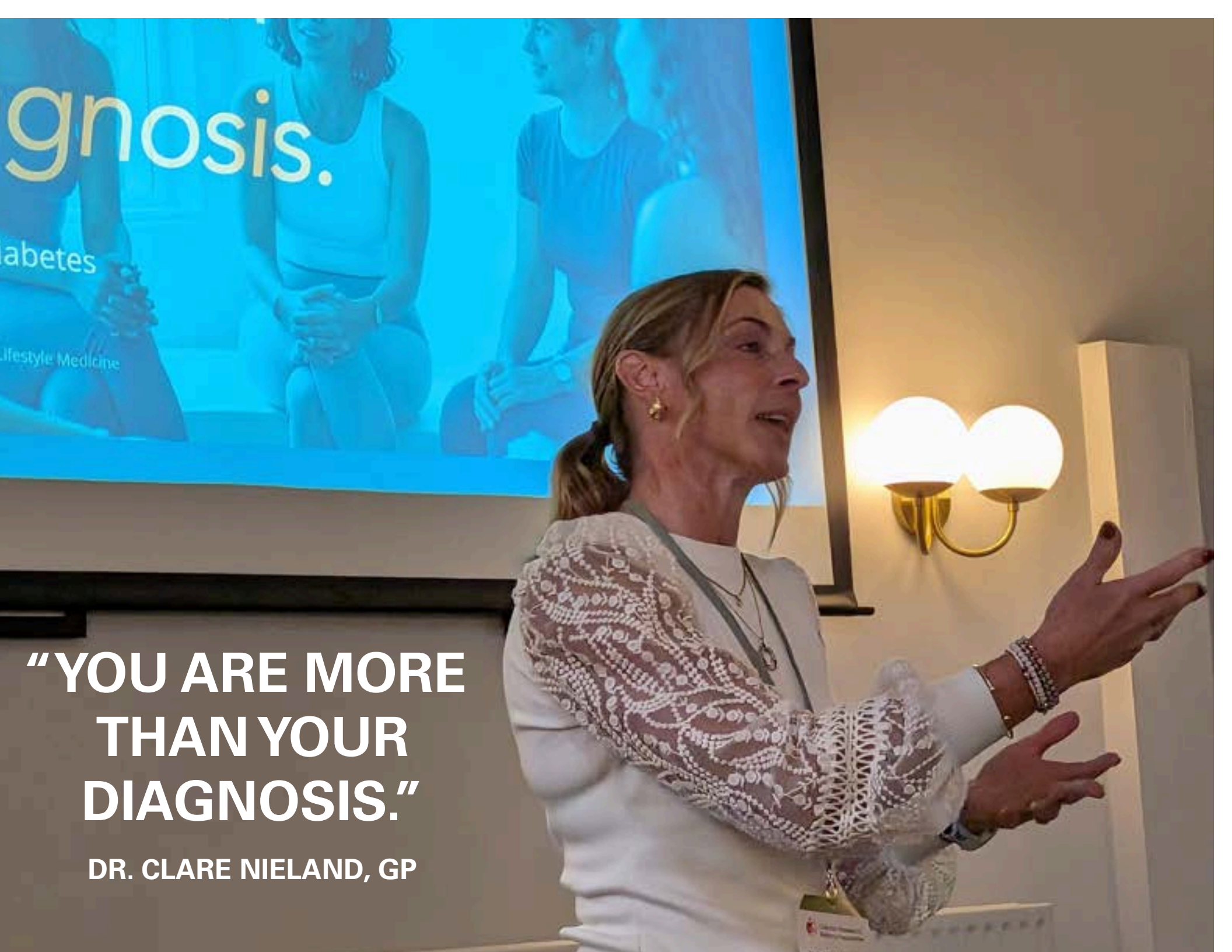
Women's Wellness Weekend 2026









A woman with blonde hair in a ponytail, wearing a white top with patterned sleeves and a lanyard, is gesturing with her hands while speaking. Behind her is a large screen displaying a blue-tinted image of three women sitting. The screen also shows the text 'gnosis.', 'abetes', and 'lifestyle Medicine'. To the right of the woman is a wall-mounted light fixture with two round bulbs.

gnosis.

abetes

lifestyle Medicine

**“YOU ARE MORE
THAN YOUR
DIAGNOSIS.”**

DR. CLARE NIELAND, GP



THE GENDER GAP IN HEALTHCARE

A look at inequalities in research and diabetes management. Addressing the needs of women's health!

LET'S TALK
ABOUT SEX,
BABY....







**"GAIA IS
ABOUT
CONNECTION."**

SARAH TUTTON, DRWF CEO



**“I feel so seen and validated
with my diabetes.”**



















**"I'VE NEVER HAD ANY
DIABETES FRIENDS.
NOW I DO."**

























DRWF GAIA 2026

Thank you.