



# Diabetes Research & Wellness Foundation

## DRWF diabetes information leaflets

### Latest updated series of educational leaflets

As part of our PIF TICK accreditation process, DRWF is committed to making sure all its information is reliable, evidence-based and accessible, to ensure we are a "trusted information creator".

#### Available titles:

- What is diabetes?
- Exercise and diabetes
- Foot health and diabetes
- Healthy eating and diabetes
- Looking after gum health and diabetes
- How can diabetes affect my eyes?
- Managing diabetes when you are ill
- Sexual health and diabetes for men
- Sexual health and diabetes for women

#### Diabetes awareness accessories:

- Diabetes Awareness Necklaces
- Diabetes Awareness Wristbands
- Diabetes Medical Check-up Cards

#### Quarterly newsletter:

- Diabetes Wellness News

Please contact us at [enquiries@drwf.org.uk](mailto:enquiries@drwf.org.uk), or by calling **023 9263 7808**, to request which products you wish to order in and what quantity. Provide your name, address and confirm preferred method of contact: post, email, or telephone.

Your details will be added to the DRWF Healthcare Professional database and from time to time we may contact you with interesting news and offers.

*We will not share your data. Please advise us at any time if you do not wish to receive further mailings from DRWF by writing to the following address:*

**DRWF, Building 1000, Langstone Park,  
Havant, Hampshire, PO9 1SA.**

We publish a series of professionally authored, PIFTICK-accredited information leaflets on diabetes and related health which are freely available as download, audio file or as hard copy upon request.

DRWF is happy to supply healthcare professionals with bulk orders of the above items **FREE OF CHARGE** and will pay the postage on orders of up to 12 of each leaflet, plus 12 necklaces and check-up cards.

Above this quantity, please contact DRWF to make delivery arrangements.

**Email [enquiries@drwf.org.uk](mailto:enquiries@drwf.org.uk) or call 023 9263 7808 for more information.**

**Visit our website to view the full series of DRWF Diabetes Information Leaflets:  
[www.drwf.org.uk/understanding-diabetes/information-leaflets](http://www.drwf.org.uk/understanding-diabetes/information-leaflets)**

*"Staying well until a cure is found..."*

**RESOURCES PACK**  
for healthcare professionals

**Waiting room  
order form**

**Celebrating  
25 Years**



**Diabetes Research &  
Wellness Foundation**

## What is diabetes?

By:  
Dr Mayank Patel  
Consultant Physician in Diabetes  
University Hospital Southampton  
NHS Foundation Trust



*Staying well until a cure is found...*